



COACHING AGREEMENT

Please review, adjust, sign, and return to me prior to our first scheduled session, either by e-mail or mail to 1544 York Street, Denver, CO 80206.

Name: _____

Fee: _____ Per month for _____ sessions will be
_____ minutes each.

First session date _____

Referral source _____

- Ground rules:
1. Client calls or attends the meeting at the scheduled time.
 2. Client pays coaching fees in advance of first session and at the beginning of each month for the subsequent month.
 3. Client pays for long-distance charges, if any.
1. As a client, I understand and agree that I am fully responsible for my well-being during my coaching calls, including my choices and decisions. I am aware that I can choose to discontinue coaching at any time. I recognize that coaching is not psychotherapy and that other professional referrals will be given if needed.
 2. I understand that coaching is a relationship I have with my coach that is designed to facilitate the creation and/or development of personal, professional, and/or business goals and to develop and carry out a strategy or plan for achieving those goals.
 3. I understand that coaching is a comprehensive process that may involve all areas of my life, including work, finances, health, relationships, education, and recreation. I acknowledge that deciding how to handle these issues and implement my choices is exclusively my responsibility.
 4. I understand that coaching does not treat mental disorders as defined by the American Psychiatric Association. I also understand that coaching is not a substitute for counseling, psychotherapy, psychoanalysis, mental health care, or substance abuse treatment, and I will not use it in place of any form of therapy.



5. I promise that if I am currently in therapy or otherwise under the care of a mental health professional, that I have consulted with this person regarding the advisability of working with a coach and that this person is aware of my decision to proceed with the coaching relationship.
6. I understand that information will be held as confidential unless I state otherwise, in writing, except as require by law.
7. I understand that certain topics may be anonymously shared with other coaching professionals for training or consultation purposes.
8. I understand that coaching is not to be used in lieu of professional advice. I will seek professional guidance for legal, medical, financial, business, spiritual, or other matters. I understand that all decisions in these areas are exclusively mine, and I acknowledge that my decisions and my actions regarding them are my responsibility.

I have read and agreed to the above.

Client signature _____ Date: _____

Coach signature: _____ Date _____